

TO YOUR Good Health by DR. NATHAN S. DAVIS, III

SCARLET FEVER

Scarlet fever is the most serious of the contagious diseases of childhood because it is often a severe infection and causes many deaths and because it may cause heart or kidney disease.

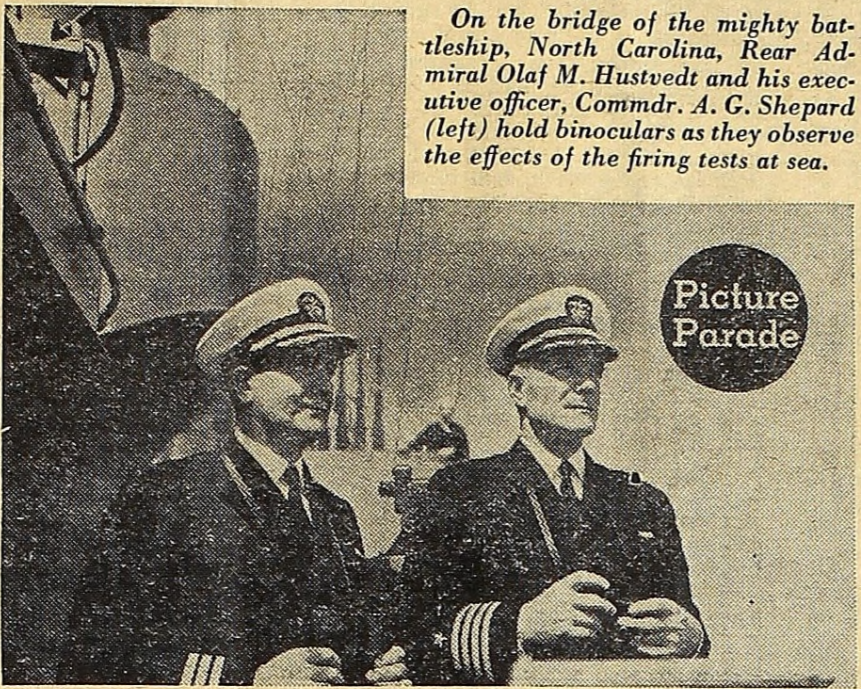


Dr. Nathan S. Davis III

It has been shown that the large majority of children who have not had scarlet fever or who have not been immunized against it by repeated injections of the sterile toxin, and a fairly large proportion of adults are susceptible to the disease.

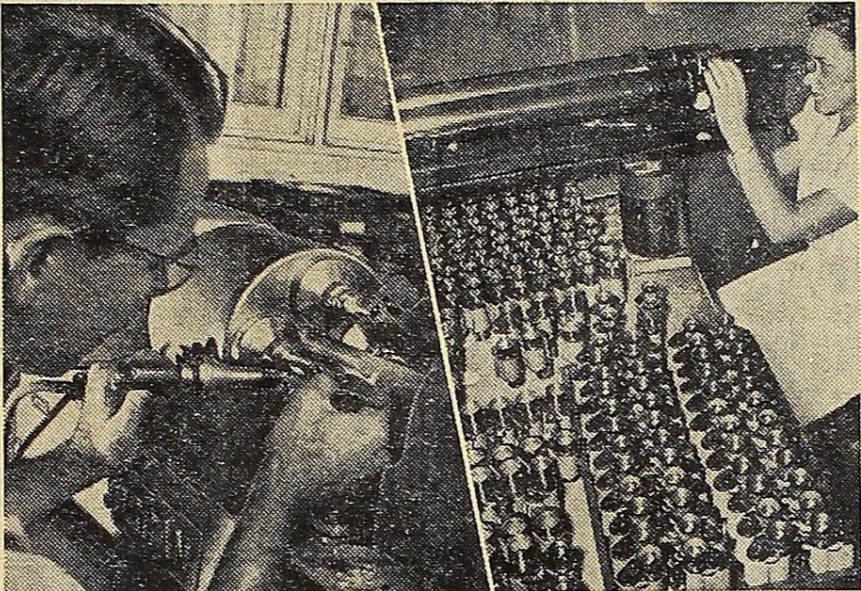
Sharpening the Eyes of the Army and Navy With Lenses

Listen, my children, and you shall hear of a little cog in this great defense program machinery of ours that plays an unspectacular, but vital, role in the whole defense setup.

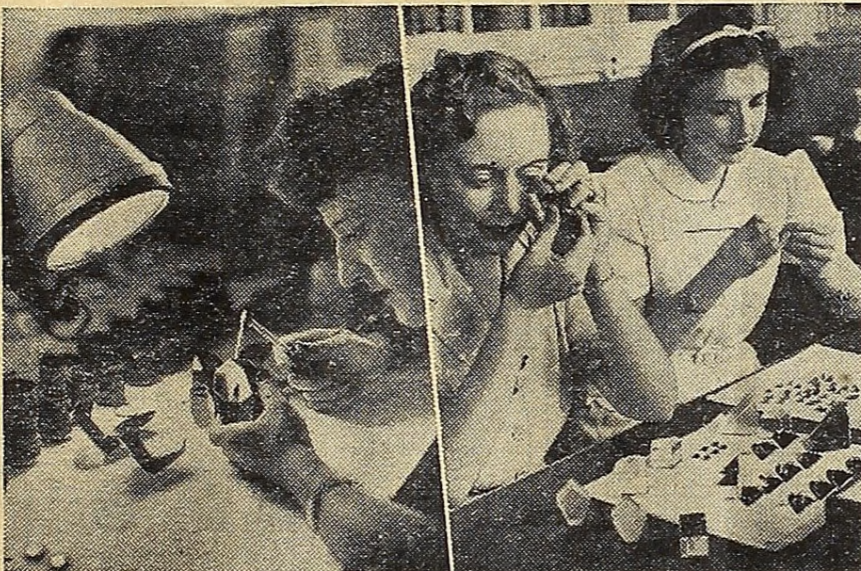


On the bridge of the mighty battleship, North Carolina, Rear Admiral Olaf M. Hustved and his executive officer, Comdr. A. C. Shepard (left) hold binoculars as they observe the effects of the firing tests at sea.

Picture Parade



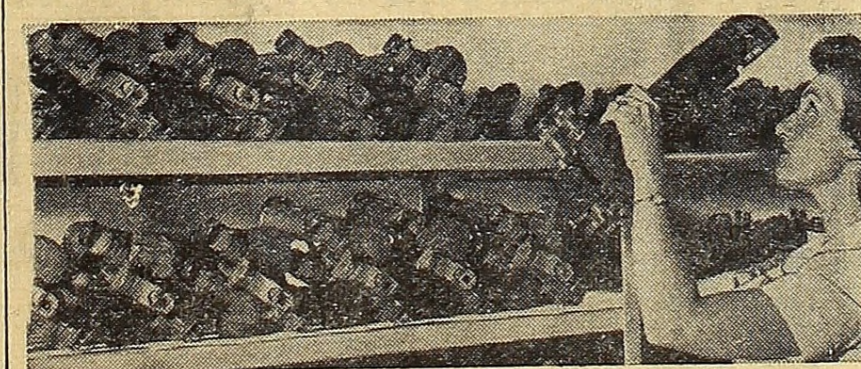
The lathe machine at the left is used for centering lenses and grinding the edges through with the optical center. Right: Looking for flaws in parts of binoculars as they are assembled.



The girl at left is cleaning optical elements that will later be assembled into a battery commander's telescope. Right: Two pretty maids check on finished prisms and lenses.



Field binoculars in actual use. A soldier is spotting aircraft during maneuvers. He tells his partner what he sees and the partner speaks into a wireless phone to relay the information to headquarters.



IMPROVED UNIFORM INTERNATIONAL SUNDAY SCHOOL Lesson

By HAROLD L. LUNDQUIST, D. D. Of The Moody Bible Institute of Chicago. Released by Western Newspaper Union.

Lesson for March 8

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DISCOVERING WHY PEOPLE DRINK BEVERAGE ALCOHOL

LESSON TEXT—Genesis 43:34; Psalm 104:14, 15; Proverbs 31:4-7; Ecclesiastes 2:1-3, 10, 11; Isaiah 56:12; I Corinthians 10:6, 7.

GOLDEN TEXT—Wine is a mocker, strong drink is raging; and whosoever is deceived thereby is not wise.—Proverbs 20:1.

The alcohol problem receives attention in four lessons of each year. This is the first one for 1942 and brings before us a number of scriptures not often used, in order to suggest the drinker's reasons for drinking.

Well, surely God wants us to be sociable. Yes, He does, and the perfect provision for man's social nature is found in Christian fellowship.

II. To Be Happy (Ps. 104:14, 15). Wine is supposed to bring happiness, and we may admit that it does bring a temporary lift which some call happiness.

III. To Evade Responsibility (Prov. 31:4, 5). When life's burdens become too much for him the weakling seeks relief and evades his responsibilities in the deadening power of alcohol.

IV. To Forget Sorrow (Prov. 31:6). "Drown your sorrows" is the deceptive promise of liquor; but they stand right there beside man, and when his poor befuddled head begins to clear they present themselves more persistently than ever.

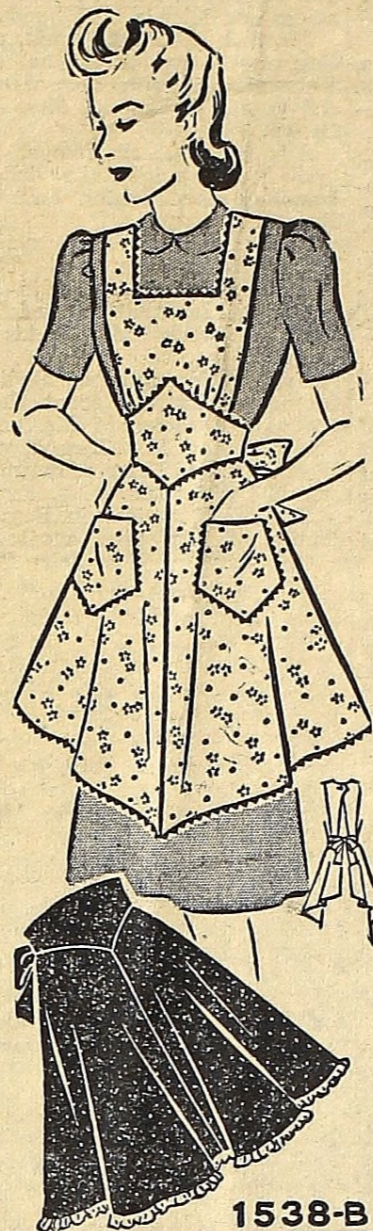
V. To Forget Poverty (Prov. 31:7). Heavy is the affliction of poverty in a world of plenty. Sometimes it is the result of carelessness or of sin, but often it is the lot of those who are innocently caught in its grip.

VI. To Find Satisfaction (Ecc. 2:1-3, 10, 11). The book of Ecclesiastes gives the account of a man "under the sun," that is, apart from God's guidance and blessing, seeking to satisfy the cravings of his heart in many ways.

VII. To Stimulate Hope (Isa. 12). A certain fearful looking fore to the time of judgment temdampen the drinker's enthusiasm.

VIII. To Encourage Play (10:6, 7). Paul warns against the foolishness of the "eat, drink, and be merry" philosophy. That road ends in dissatisfaction.

PATTERNS SEWING CIRCLE



1538-B

both styles. You'll like the pinafore for day-long duty. Slip it on over your head, tie it in back—and there it is, firmly adjusted, neatly in place no matter how active you may be.

You'll certainly want several versions of the smaller apron! They can be so decorative in bright checked gingham, striped chambrays and plain broadcloth.

Barbara Bell Pattern No. 1538-B is designed for sizes 14, 16, 18, 20; 40 and 42. Corresponding bust measurements 32, 34, 36, 38, 40 and 42.

SEWING CIRCLE PATTERN DEPT. 211 West Wacker Dr. Chicago. Enclose 20 cents in coins for Pattern No. Size. Name. Address.

Difference in Days

How much longer and shorter, respectively, are the longest and shortest days of the year than the days next to them, is asked. According to the U. S. Naval observatory, the difference in the length of day varies less than a minute from day to day in the weeks December 17-24, and June 17-24, in which the shortest and the longest day of the year occurs.

High 'Sound' Waves

Supersonic "sound" waves, or those which vibrate more than 20,000 times a second and are, therefore, inaudible to the human ear, can do such odd tricks as vaporize heavy oil, set fire to chips of wood, cook eggs without heating them, and crumble glass into fine powder.

ASK ME ANOTHER?

The Questions

- 1. How many mints does the United States have for making coins? 2. Fleet street in London is famous for what? 3. What proportion of Americans have blue eyes? 4. The bouquet of a wine refers to what? 5. What was the greatest attraction of the World's fair of 1893? 6. Who knighted Francis Drake for sailing around the world? 7. What is made from flax-sweater yarn, linen or rayon? 8. Tempus fugit means what—Storm rages, time flies or weather is good? 9. Who was the sweetheart of Maid Marian? 10. Are there any stars which do not give off enough light to be seen?

The Answers

- 1. Three (Philadelphia, Denver and San Francisco). 2. Its newspaper offices. 3. For every 100 Americans who have blue eyes, 70 have gray eyes, 49 have hazel eyes, 46 have brown eyes. 4. Its aroma. 5. The Ferris wheel.

Ain't It So? Philosopher—And what do we want in this world to make us happy? Cynic—The things we ain't got.

Quite Simple Sally—What's your idea of a simple wedding? Joan—One that costs twice as much as the family can afford.

Fired! Captain—Is this gun working? Private—No, sir. It's been discharged. The female of the speeches is deadlier than the male.

What's Wrong With That? Exam. Paper—If it took seven men four hours to dig a ditch four feet deep and two feet wide, sixty feet long, how long would it take three men to dig the same ditch? Bright Student—No time at all, the ditch is already dug.

Best Occupation Agriculture for an honorable and high-minded man, is the best of all occupations or arts by which men procure the means of living.—Xenophon.

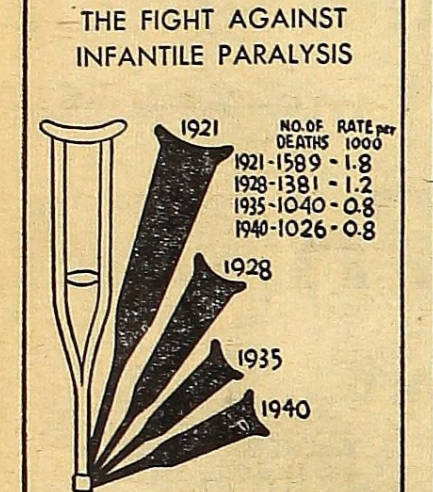
FOR WOMEN ONLY! If you suffer from monthly cramps, headache, backache, nervousness and distress of "irregularities"—caused by functional monthly disturbances—try Lydia E. Pinkham's Vegetable Compound—famous for relieving pain and nervous feelings of women's "difficult days".

Ruined by Servants More have been ruined by their servants than by their masters.—C. C. Colton.

MOTHERS... For over 40 years have been using this mild laxative and carminative to relieve Headaches and Stomach Discomforts... MOTHER GRAY'S SWEET POWDERS

YOU CAN VOLUNTEER Help defend your country by buying U. S. Defense Bonds. Give YOUR child same expert care used when QUINTUPLETS CATCH COLD.

YOU BET THEY WERE AND I'D STILL WALK A MILE FOR A CAMEL! THE SMOKE OF SLOWER-BURNING CAMELS CONTAINS 28% LESS NICOTINE than the average of the 4 other largest-selling cigarettes tested—less than any of them—according to independent scientific tests of the smoke itself!



Modern methods for the control of scarlet fever should be adopted in all parts of the country. These include:

- 1. Isolation of the patient. 2. Dick tests on all contacts, including adults to determine their susceptibility to the disease. 3. Culturing of material from the nose and throat of all contacts on blood agar plates to determine whether or not they are carriers. 4. Take the temperature and inspect the throat and the upper part of the trunk of all contacts. 5. If the temperature and inspection lead one to suspect the imminence of scarlet fever, passive immunization may be produced by injecting at least 150,000 neutralizing units of scarlet fever antitoxin or of an adequate dose of convalescent serum (at least 40 cc.).

"There's one liberty we have in a democracy we would be better off without—that's the liberty to be needlessly unhealthy." —Paul Brooks, M. D.

QUESTION BOX Send questions to Dr. Nathan S. Davis III, Winnetka, Ill. (Enclose a self-addressed, stamped envelope.) Q.—What would be the cause of pimples or sores in the ear? N. S. A.—Dirt or acne. Q.—What is the most frequent cause of strep infection and what is the best corrective? F. E. A.—One of the many varieties of streptococci. Avoid people with colds and sore throats. Keep wounds or burns covered with sterile gauze. Use pasteurized milk and milk products.

Gems of Thought

WE DO ourselves wrong, and too meanly estimate the holiness above us, when we deem that any act or enjoyment good in itself, is not good to do religiously.—Hawthorne.

Our doubts are traitors And make us lose the good we oft might win By fearing to attempt.—Shakespeare.

The man who trusts men will make fewer mistakes than he who distrusts them.—Cavour.

Let the farmer forevermore be honored in his calling; for they who labor in the earth are the chosen people of God.—Thomas Jefferson.

ISN'T THIS A WISER WAY? ALL-VEGETABLE LAXATIVE

In NR (Nature's Remedy) Tablets, there are no chemicals, no minerals, no phenol derivatives. NR Tablets are different—act different. Purely vegetable—a combination of 10 vegetable ingredients formulated over 50 years ago.

ALL-VEGETABLE LAXATIVE Nature's Remedy 10¢ Now—CANDY COATED or REGULAR! NR TO-NIGHT; TOMORROW ALRIGHT

Do You Like Jingle Contests?

Raleigh Cigarettes are now running another series of weekly contests for those who can supply the best last line to a jingle. Over 100 liberal prizes each week. Watch this paper for details.—Adv.

POOR GRANDMA

Her children grown up, she has time to enjoy things, but she's worn out from years of work. Old folks often have finicky appetites and may not get the Vitamin B1 and Iron they need; Pleasant-tasting VINOL, the modern tonic, combines these and other valuable ingredients. Your druggist has VINOL.

More Raleigh Jingles

Raleigh Cigarettes are again offering liberal prizes in a big jingle contest running in this paper. One hundred and thirty-three prizes will be awarded each week.—Adv.

Relief At Last For Your Cough

Creomulsion relieves promptly because it goes right to the seat of the trouble to help loosen and expel germ laden phlegm, and aid nature to soothe and heal raw, tender, inflamed bronchial mucous membranes.

CREOMULSION for Coughs, Chest Colds, Bronchitis

Alien Needles

The ordinary steel sewing needle, used in every American home for generations, has never yet been manufactured in the United States.

That Nagging Backache

May Warn of Disordered Kidney Action

Modern life with its hurry and worry, irregular habits, improper eating and drinking—its risk of exposure and infection—throws heavy strain on the work of the kidneys. They are apt to become over-taxed and fail to filter excess acid and other impurities from the life-giving blood.

You may suffer nagging backache, headache, dizziness, getting up nights, leg pains, swelling—feel constantly tired, nervous, all worn out. Other signs of kidney or bladder disorder are sometimes burning, scanty or too frequent urination.

Try Doan's Pills. Doan's help the kidneys to pass off harmful excess body waste. They have had more than half a century of public approval. Are recommended by grateful users everywhere. Ask your neighbor!

DOAN'S PILLS

WNU-O 9-42

WHEN YOU WANT THAT NEXT JOB OF

PRINTING

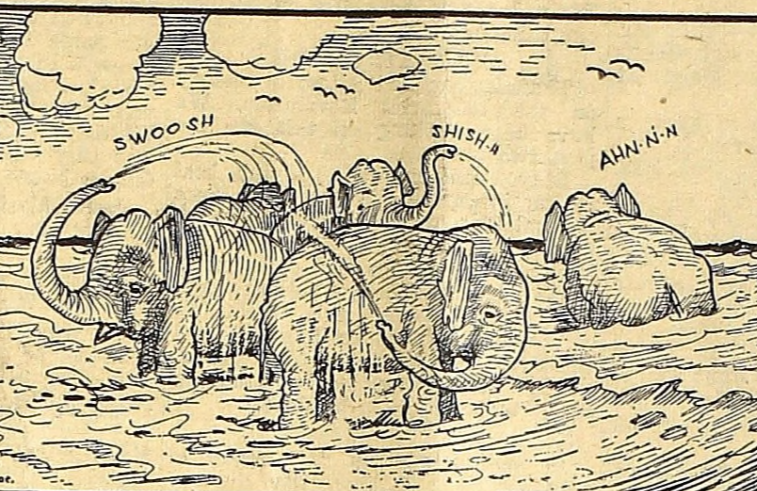
Let Us Show You What We Can Do

If you prefer, send the order by mail or bring it to the office in person.

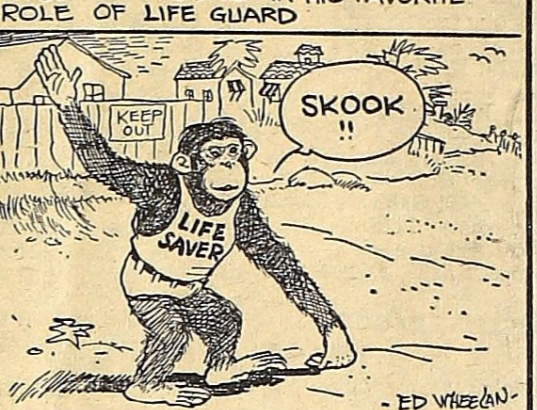
Fun for the Whole Family

BIG TOP

THE SIGHT OF BANGS BROS.' ELEPHANTS TAKING THEIR DAILY DIP IN THE OCEAN WAS WHAT HAD EXCITED LITTLE "RED"



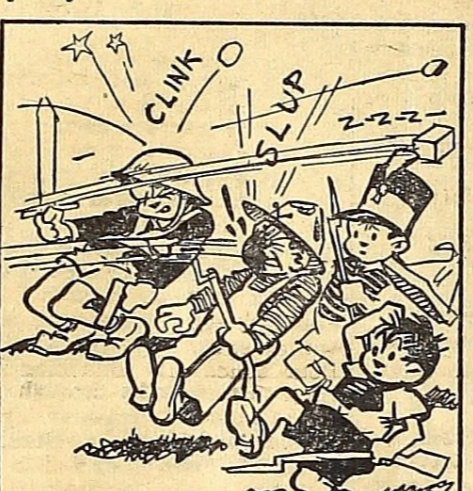
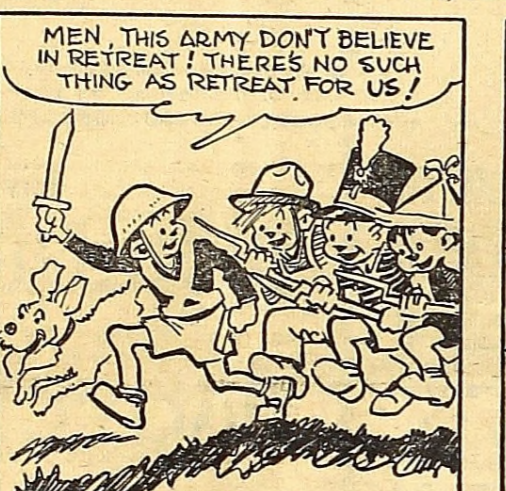
By ED WHEELAN JUST THEN ANOTHER PICTURE PRESENTED ITSELF ... "SKOOKIE" IN HIS FAVORITE ROLE OF LIFE GUARD



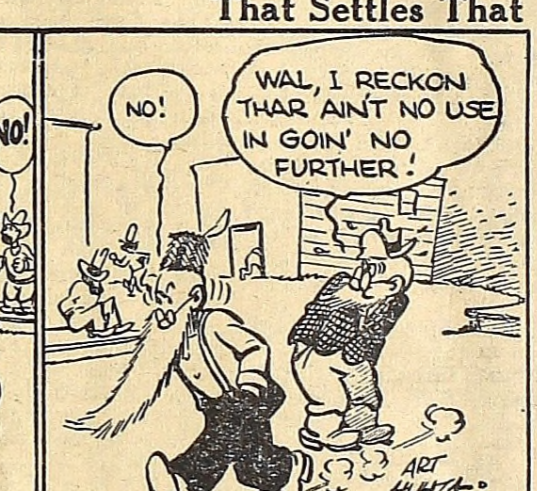
LALA PALOOZA —Rufus Has His Hands Full



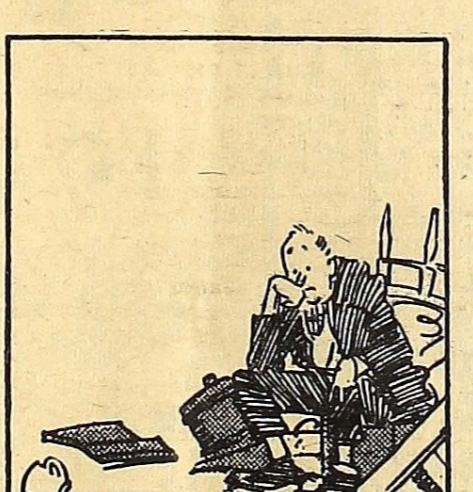
REG'LAR FELLERS—Beat It, Anyway



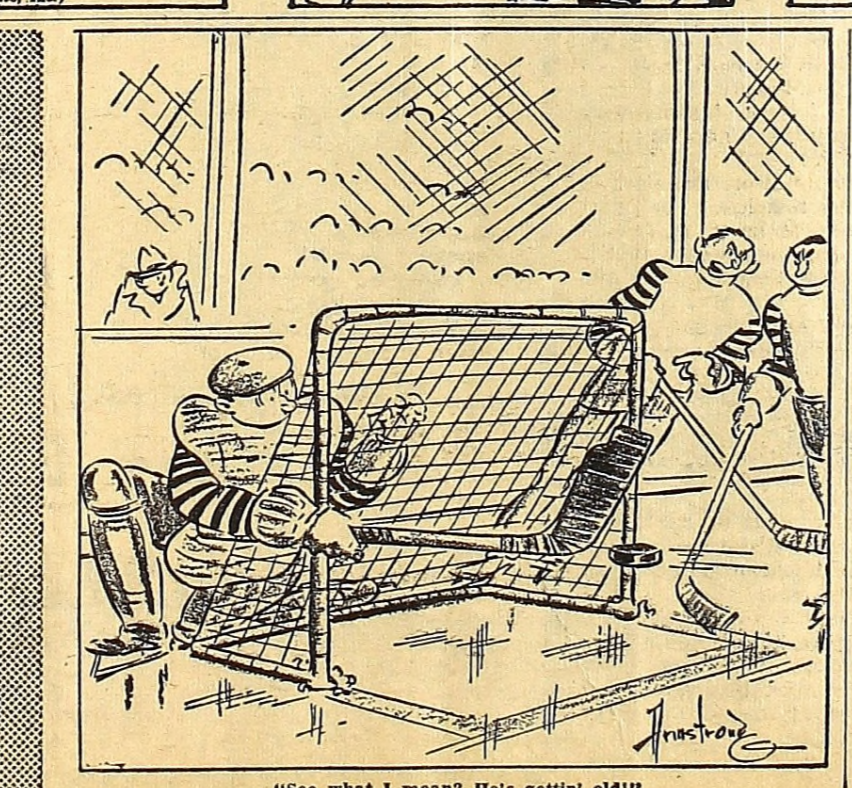
MESCAL IKE By S. L. HUNTLEY



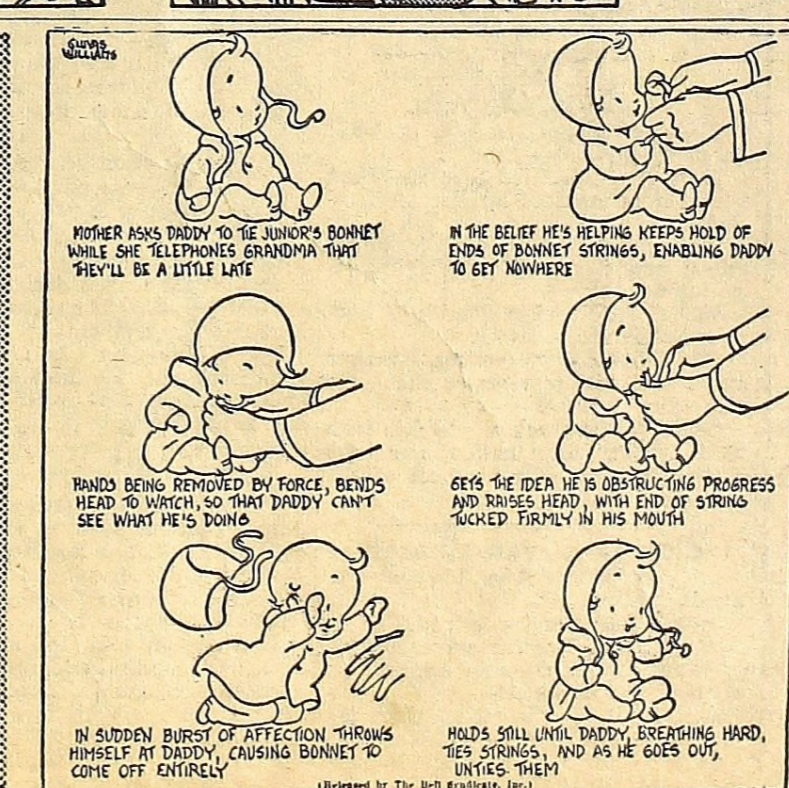
POP—Even Worse



THE SPORTING THING



BONNET STRINGS



Piano Is Learned With Clever Chart



Thrilling To Be Appreciated "SAY, you can really PLAY!" Wouldn't you love to have that said of you? You can, you know, teach yourself to play with a chart. You don't have to be talented!

Our 24-page piano instruction book, including life-size keyboard chart, has the basic chords you'll need for playing the short-cut way. Explains elements of music, gives three airs for practice. Send your order to:

READER-HOME SERVICE 635 Sixth Avenue New York City Send 15 cents in coins for your copy of QUICK COURSE IN PIANO PLAYING. Name Address

Married to a Tree

The Hindu believes it is unlucky to marry a third time. Therefore a man who has had two wives, and wants to marry again, first goes through the ceremony of being married to a tree, which becomes his third wife. Then he marries his chosen bride. The tree is draped in yellow cotton and a sari (the principal robe of a Hindu woman) is placed beside it. Water is then poured round it three times. The customary screen is erected between the "bride" and bridegroom, and the usual bridal necklace is placed round a branch of the tree. Immediately after the ceremony the tree is cut down and burned, and the bridegroom marries the woman of his choice.

What's This?

It's 36 feet of intestines—5 or 6 times the length of your body, thru which everything you eat must pass. Nature usually needs no help, but the wrong food, or too much of it, can cause temporary blockage (constipation) with aggravating gas, headaches, listlessness or bad breath. ADLERKA, with its 5 carminative and 3 laxative ingredients, relieves gas quickly and gets bowel action surprisingly fast. Ask your druggist for ADLERKA.

Do You Bake at Home?

If you do, send for a grand cook book—cramped with recipes for all kinds of yeast-raised breads and cakes. It's absolutely free. Just drop a postcard with your name and address to Standard Brands Inc., 691 Washington St., New York City.—Adv.

TO RELIEVE MISERY OF COLDs quickly use 666 LIQUID TABLETS SALVE NOSE DROPS COUGH DROPS

We Can All Be EXPERT BUYERS

In bringing us buying information, as to prices that are being asked for what we intend to buy, and as to the quality we can expect, the advertising columns of this newspaper perform a worth while service which saves us many dollars a year. It is a good habit to form, the habit of consulting the advertisements every time we make a purchase, though we have already decided just what we want and where we are going to buy it. It gives us the most priceless feeling in the world: the feeling of being adequately prepared. When we go into a store, prepared beforehand with knowledge of what is offered and at what price, we go as an expert buyer, filled with self-confidence. It is a pleasant feeling to have, the feeling of adequacy. Most of the unhappiness in the world can be traced to a lack of this feeling. This advertising shows another of its manifold facets—shows itself as an aid toward making all our business relationships more secure and pleasant.

