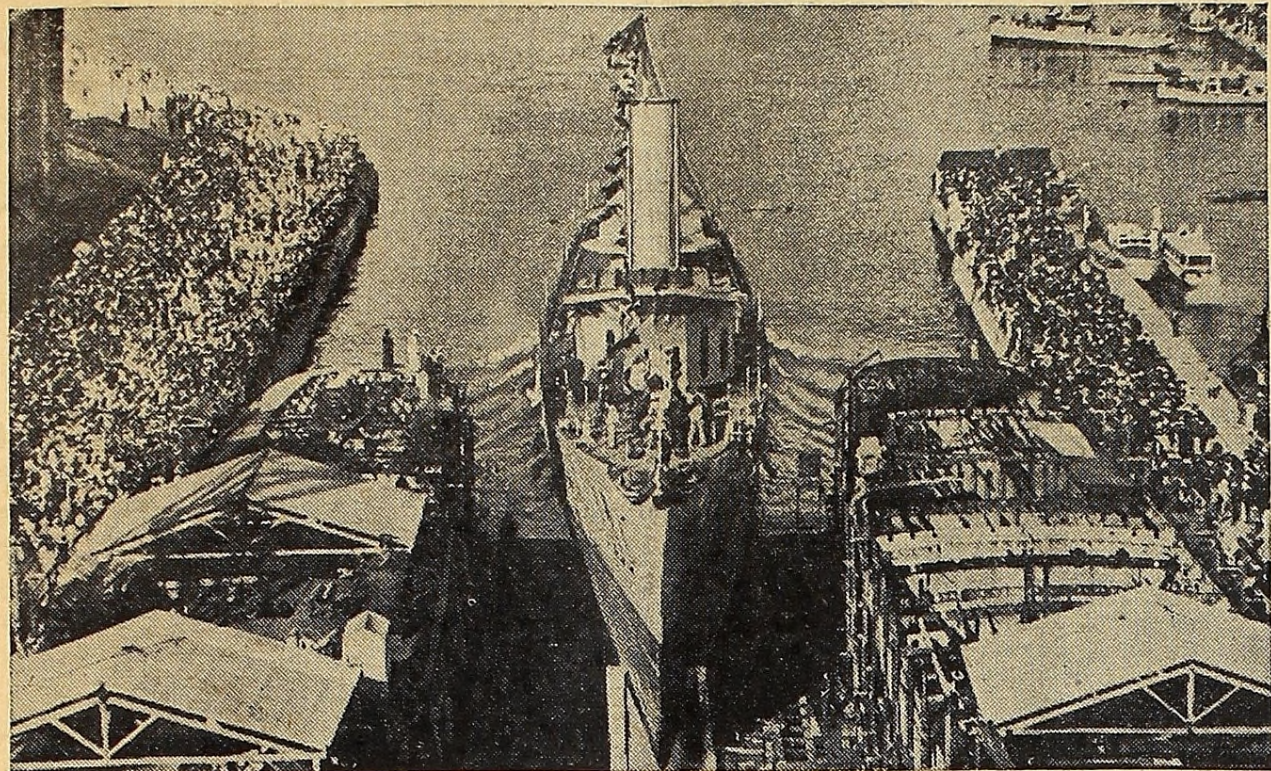
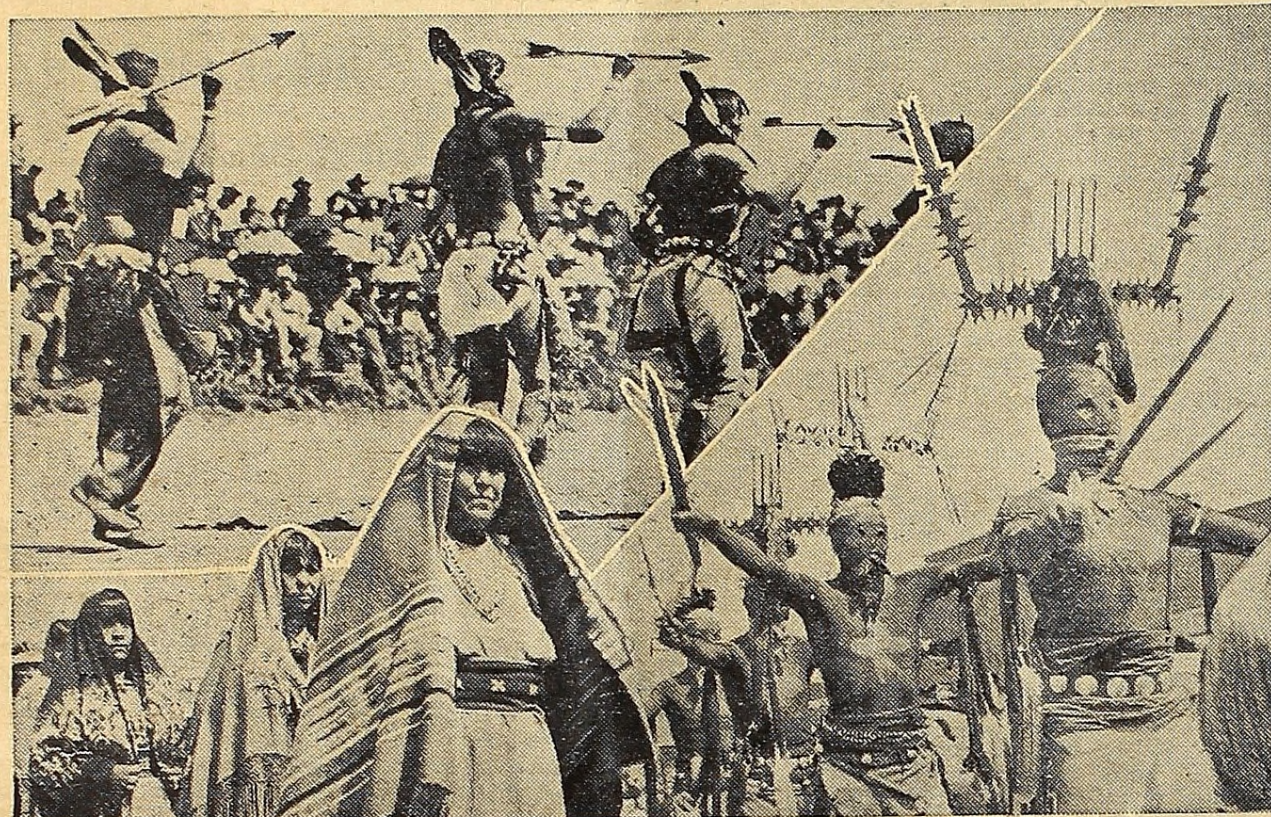


Brazil Launches 'Good Neighbor' Warship



Putting teeth into the declaration of Pan-American unity in defending the Monroe Doctrine, Brazil leads the parade of South American nations in speeding preparedness by launching a new destroyer, the Marcellio Dias, at Rio De Janeiro, one of the six class "A" destroyers being rushed to completion. Mrs. Getulio Vargas, wife of Brazil's president, christened the vessel.

Southwest Indians Join in Tribal Ceremonies



Seven thousand Indians representing 30 tribes of the Southwest will give demonstrations of chants, games, races and ceremonial dances at a celebration which opened at Gallup, N. M., August 14, to continue for three days. The celebration marks the twentieth annual Inter-Tribal ceremonial. Sixty different types of Indian dances will be exemplified. Above are shown typical scenes from the ceremonial.

'East Side, West Side' Takes a Walk



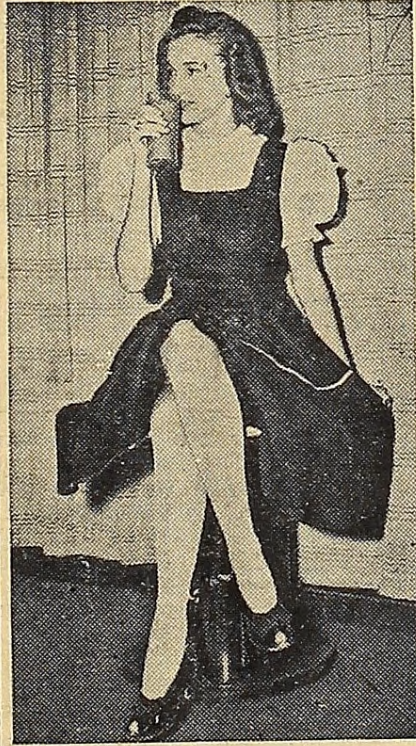
Former Gov. Alfred E. Smith of New York, who announced his intention of supporting Wendell L. Willkie for President, is shown at the piano during acting as judge in the Barber Shop Quartet contest at the New York World's fair. The Happy Warrior made a quintet by joining the winners in "The Sidewalks of New York," his campaign song in the Presidential race of 1928.

Girl Scouts Sponsor Hemisphere Ties



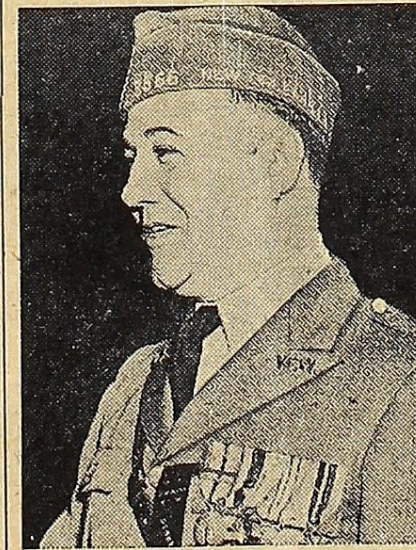
Inter-American friendship will be the slogan of the annual international encampment of Girl Scouts and Girl Guides from 15 countries in the Western Hemisphere which opened at Camp Andree, N. Y., on August 14, to continue for two weeks. Girl Scouts are shown en route to the camp grounds. Mrs. Eleanor Roosevelt, honorary president of the Girl Scouts, is shown in inset.

Coffee Queen



This is 18-year-old Peggy Van Vliet of Glen Ridge, N. J. What is Peggy doing? She's drinking iced coffee. So what? Just as a symbol of coffee, "the drink of Western hemisphere friendship."

V. F. W. Convention



Joseph C. Menendez of New Orleans is expected to be elected commander-in-chief of the Veterans of Foreign Wars at its forty-first annual convention opening at Los Angeles, Calif., on August 25.

IMPROVED UNIFORM INTERNATIONAL SUNDAY SCHOOL Lesson

By HAROLD L. LUNDQUIST, D. D.
Dean of The Moody Bible Institute
of Chicago.
(Released by Western Newspaper Union.)

Lesson for August 18

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GOD'S CARE OF HIS PEOPLE

LESSON TEXT—Psalm 23.
GOLDEN TEXT—The Lord is my shepherd; I shall not want.—Psalm 23:1.

Confidence, contentment, assurance, safety, security—all words expressing the deep desires of the human heart—fittingly characterize the blessed and beautiful Shepherd Psalm which is our lesson next Sunday.

Here the soul meets God in personal, intimate fellowship—in the promise of provision for every need, deliverance from every danger, the assurance of both present and ultimate blessing. It has become the best known of all psalms and perhaps the favorite scripture of most Christians.

Familiarity may cause us to miss the blessing of such a scripture passage. To help us to make a fresh approach to this Twenty-third Psalm, let us follow the suggestion of Dr. W. E. Barnes and think of it as describing the journey of life. We find that we may go forth

I. In the Care of a Sure Guide (vv. 1, 2).

Nothing is more important in traversing an unfamiliar land than to have a competent guide. The journey of life is a pilgrimage through a land unknown to us, with its many pleasant places, but also its howling wildernesses, its pitfalls and its enemies in ambush.

"The Lord is my shepherd." If I am in His flock He will guide me, care for me and give me the joy of green pastures and still waters.

The expression "maketh me to lie down" (v. 2) is worthy of special comment—that all too often we become too busy or too important to take the rest we should have, and the Good Shepherd has to "bend the knee" of the sheep and make him lie down, sometimes even by the force of sickness, or of trying circumstance. Why do we make it necessary for our Shepherd to thus deal with us?

II. With Every Need Provided (vv. 3-5).

We are a needy people, constantly dependent on the loving provision of our God. Dr. J. H. Jowett says that man has three enemies: (1) The sin of yesterday, from which he cannot get away; (2) the temptation of today, made more powerful by the pressure of the clever and insidious seducer, Satan; and (3) the fear of death which awaits him tomorrow. Good Shepherd, wilt Thou meet these mine enemies for me? "Yes," comes His answer through the psalmist.

For the sin of yesterday there is the restoring of the soul. Everywhere the power of God is evident, restoring that which has been destroyed or broken down, healing the wound; but nowhere is it more evident or blessed than in His restorative ministries to the soul. He cleanses from sin, gives peace through His Word, joy through a hymn or a bit of poetry, comfort in the fellowship of a friend.

For today—"He leadeth me in the paths of righteousness for his name's sake." The world offers many by-paths, and makes them seem to be the right way, but my heavenly Guide will lead me in the way of righteousness. This He does, not because of any merit in me, but for His own dear name's sake—for "the praise of the glory of his grace" (Eph. 1:6). That cares for the need of today.

But tomorrow, or on some tomorrow, I must go the way of all flesh and (unless Jesus comes) I must "walk through the valley of the shadow of death." Even there I need "fear no evil." The Good Shepherd is as much with me in the dark and swelling waters of that valley as He was with me "beside the still waters." Little wonder that this psalm has been the comfort of tens of thousands of believers in Christ as they have passed through that valley. Why will anyone do without this Christ, who is the Good Shepherd (John 10:11)?

Every need finds its full satisfaction: enemies are discomfited, the oil of gladness anoints our heads, and our cups run over as we go on

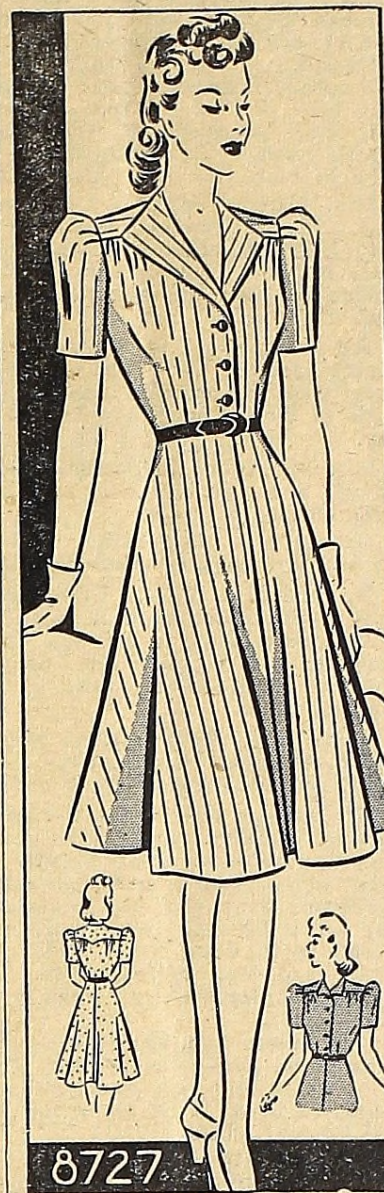
III. To a Destination Certain and Blessed (v. 6).

Not all who set out upon a journey reach their goal, but the Lord has never lost one of those entrusted to His care (John 17:12). Goodness and mercy through all the days of our lives would lead only to ultimate disappointment if they did not bring us to the Father's house.

In that house there are "many mansions" or abiding places (John 14:2) prepared for us by our Lord. We know we shall come to that blessed journey's end with safety, because He will bring us there, to go in and out no more forever.

To study such a lesson is to create the desire in one's heart that all men should know about this Good Shepherd, to be brought into His flock. Reader, do you know Christ as your Saviour and the Shepherd of your soul? If not, will you not come to Him now by faith?

Patterns SEWING CIRCLE



PERFECT to put on and wear right now in flat crepe, silk print or spun rayon, this beautifully cut shirtwaist fashion will be a cool delight on the hottest days of summer. No. 8727 will look so crisp and fresh, in striped linen, polka dot silk or brilliant white sharkskin. And it will feel comfortable and unhampering, because the lines are so simple and

Ask Me Another A General Quiz

The Questions

1. Who wrote the poem in which appear the words: "Stone walls do not a prison make"?
2. Do the Eskimos have a word for any number beyond twenty?
3. When a military man speaks of logistics, he refers to what?
4. Which President of the United States lived to be 90 years of age?
5. Which of the following have the highest diplomatic rank—consuls, ambassadors, or ministers?
6. A long ton is equal to how many pounds?
7. What are bats classed as, birds, flying mammals, or rodents?
8. Where in the United States are the Badlands?

The Answers

1. Richard Lovelace ("To Althea from Prison").
2. No. Their word twenty actually means "a-man-counted-to-the-end."
3. Logistics refers to transport and supply.
4. John Adams.
5. Ambassadors.
6. A long ton is 2,240 pounds.
7. Flying mammals.
8. To the southeast of the Black Hills, in the western part of South Dakota.

HOUSEHOLD QUESTIONS



Japanned articles should never be washed in hot water as the japan is likely to wash off. Use lukewarm water and soap.

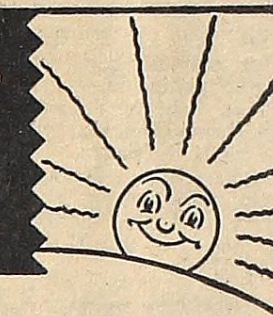
Cold air drops and hot rises. The compartment of the refrigerator under the ice chamber is, therefore, always the coldest part of the refrigerator.

When frying don't put in the article to be fried until the fat is still and a faint smoke is seen rising from the pan.

Add a few salted peanuts to the chocolate sauce you serve over ice cream or sherbets.

Browned pears make delicious garnishes for veal or pork chops. Allow half a pear to a portion. Dip each pear into flour and brown it in a little fat in a frying pan. Sprinkle with salt, pepper and cinnamon.

For breakfast tomorrow—



A REAL HOT-WEATHER TREAT!

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Switch to something you'll like!

MADE BY KELLOGG'S IN BATTLE CREEK

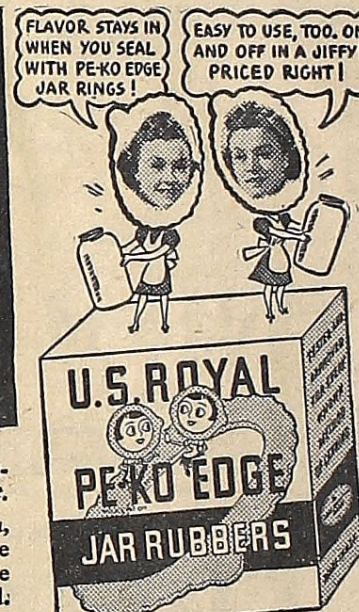
Happy in Knowing It is a kind of happiness to know to what extent we may be unhappy.—La Rochefoucauld.

Valuable Book That is a good book which is opened with expectation and closed with profit.—Alcott.

PRESERVE THE FLAVOR AS WELL AS THE FRUIT

Approved by Good Housekeeping Institute and Household Searchlight.

If your dealer cannot supply you, send 20¢ with your dealer's name for a Trial Package of 48 genuine Pe-Ko Jar Rings; sent prepaid.



PE-KO EDGE JAR RUBBERS

United States Rubber Company

Rockefeller Center, New York, N. Y.

Bad Remedies There are some remedies worse than the disease.

Time for Good That which is good to be done, cannot be done too soon.

"BUCKY" WALTERS —he topped his league in pitching last year



MY CIGARETTE HAS TO BE MILD. CAMELS BURN SLOWER AND GIVE ME EXTRA MILDNESS. I LIKE ALL THOSE OTHER EXTRAS IN CAMELS, TOO

EXTRA MILDNESS EXTRA COOLNESS EXTRA FLAVOR

In recent laboratory tests, CAMELS burned 25% slower than the average of the 15 other of the largest-selling brands tested—slower than any of them. That means, on the average, a smoking plus equal to

5 EXTRA SMOKES PER PACK!



GET THE "EXTRAS" WITH SLOWER-BURNING

CAMELS

THE CIGARETTE OF COSTLIER TOBACCOS

Hot Weather Menus Which Perk You Up

By DR. JAMES W. BARTON
(Released by Western Newspaper Union.)

THE foods you should eat in large quantities during the summer are fruits and vegetables and fortunately they are in such abundance that they are reasonably priced.

TODAY'S HEALTH COLUMN

If you are a calorie counter and count or measure the number of calories you eat each day, you can safely cut down about 500 calories from your winter to your summer diet.

As meat, eggs, fish and butter weather, and salads and juicy fruits appear and are more appetizing, you may be tempted to live entirely on fruits and salads during the warm weather. This is a mistake and you will find yourself "tired," because the salads and fruits are so bulky they have filled your stomach and satisfied your appetite and yet not enough meat, eggs or fish for rebuilding tissue have been eaten.

You have been rightly advised that you need more fruit and leafy vegetables in warm weather than in cold weather, but you are advised also that you should eat "some" meat, fish or eggs at least once a day.

A few of the summer menus which give an all-around diet are:

Breakfast—Fruit with milk or cream; a boiled egg and two slices of bacon (or two eggs; bread or roll, tea or coffee.

Luncheon—Celery or lettuce soup; canned or fresh fish; cabbage or lettuce salad; berry cake or pudding; iced tea or coffee.

Dinner—Roast beef, or chicken, or fish; potatoes; leafy vegetable, corn or peas; berries.

Breakfast—Cereal with milk or cream; toast and bacon or bacon and one egg; roll, fruit; tea or coffee.

Luncheon—Cream or chicken soup; cottage cheese or cold tongue; salad (lettuce, celery, cucumbers); fresh fruit; wafers or soda biscuits; tea or coffee.

Dinner—Fowl, fish, or meat; potatoes; lettuce and tomato salad; peas or corn or asparagus or squash; berries and cream or iced fruit.

Removing Objects From Eye Safely

THE commonest object that gets into the eye is a tiny cinder or a speck of dust.

As soon as the cinder or speck of dust gets into the eye, the eye begins to water, which is nature's way of washing the object down to lower part of eye or into the corner. Just allowing yourself to "cry" for a minute will often bring the object to a point where it can be readily seen and removed by the corner of a clean handkerchief or a piece of tightly rolled gauze.

If object is in lower part of eye on eyeball or lower lid it can be readily seen and removed if the patient is told to look upward as you pull the lower lid downward.

By having patient look downward as you lift upper lid, any object on the eyeball can be seen if the light is good. If no object can be seen and the patient tells you that he feels as if something is scratching the upper part of his eyeball, the object is on the inner side of the upper lid.

The Benefit of Tears.

The upper lid has hard tissue—cartilage—on its edge. This makes it a little difficult to turn the lid to expose the object. However, if you stand behind the patient, as he looks upward, and hold the point of a pencil on the upper part of the lid, the object can be turned backward. If the object is on the inner side of the lid, it can be removed with the pointed piece of gauze.

The thought, then, is that when an object gets into the eye, the tears should be allowed to flow for about a minute, which may be all that is necessary to get rid of it. If this does not remove it to the inner side of lower lid, then search and removal must be made as suggested above.

Don't use anything harder than soft gauze.

QUESTION BOX

Q.—What would cause me to have repeated colds in the head?

A.—Repeated colds may be due to dust or pollen irritating the lining of the nose, or to some low or slow infection in the sinuses.

Q.—I have a large hernia and weigh 250 pounds. Would the injection treatment be suitable in my case?

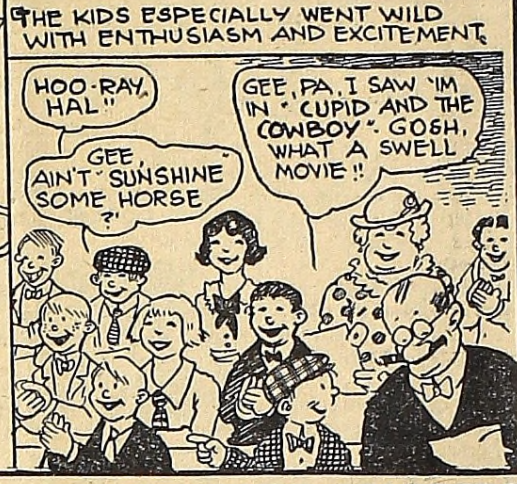
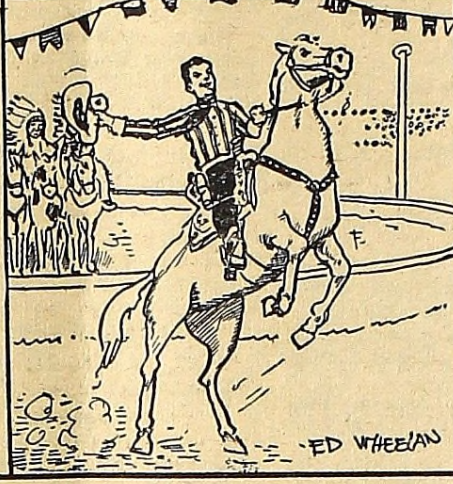
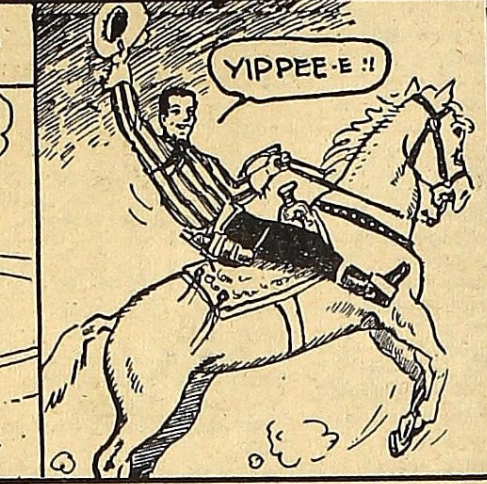
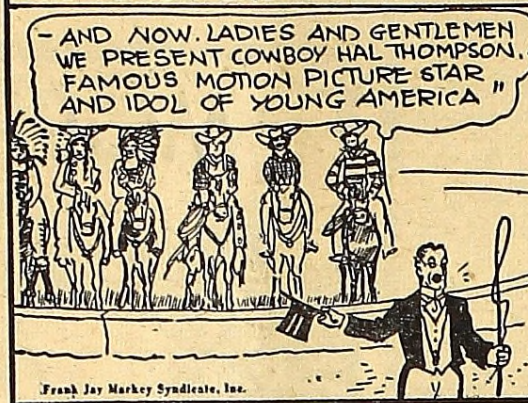
A.—You had better ask your physician. A large hernia and much fat is not likely to be suitable for the injection method.

THE SUNNY SIDE OF LIFE

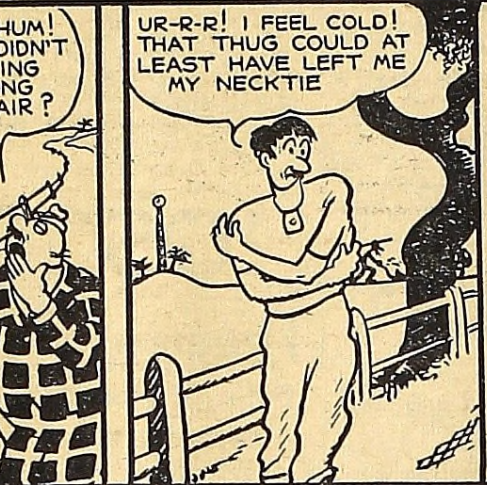
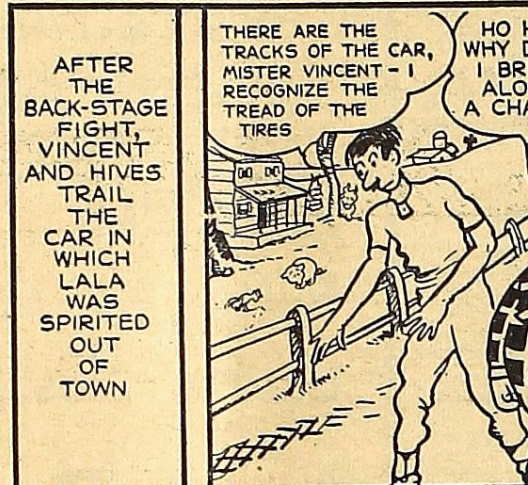
Clean Comics That Will Amuse Both Old and Young

BIG TOP

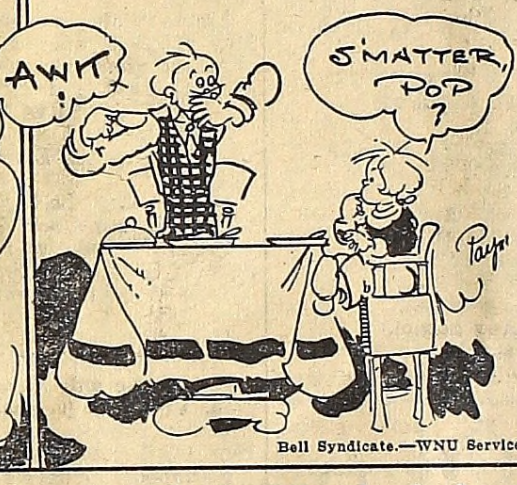
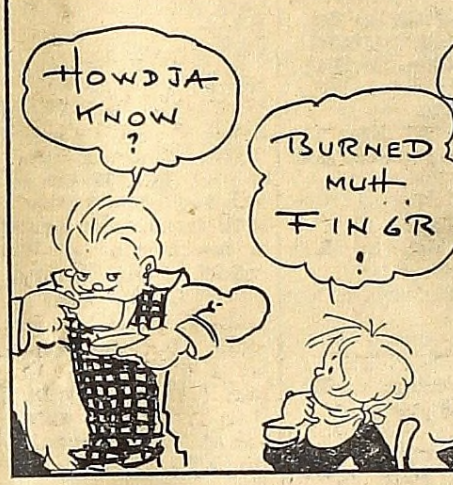
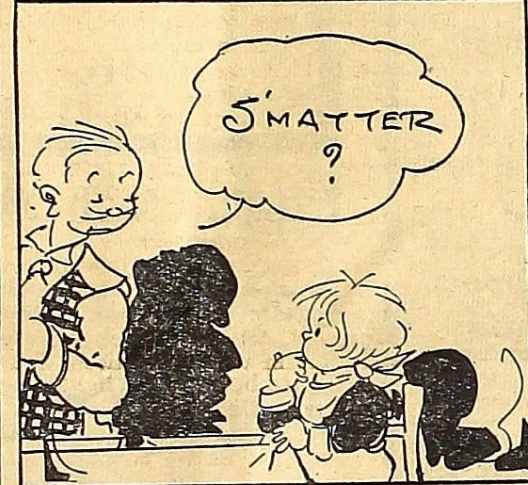
WHEN THE BIG SHOW WAS OVER, "SILK" ANNOUNCED THE NAMES AND ACTS OF THE PERFORMERS IN THE CONCERT.



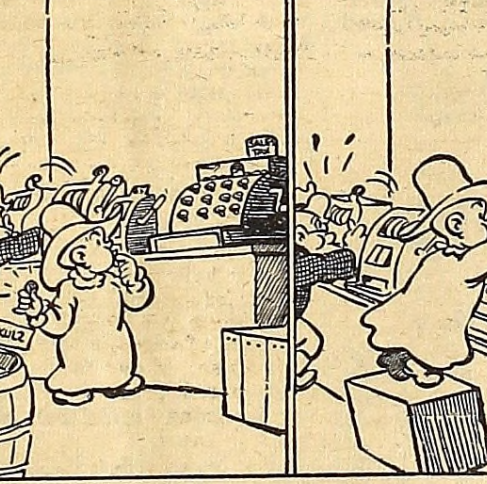
LALA PALOOZA—Hives Can't Stand on Ceremony Any Longer



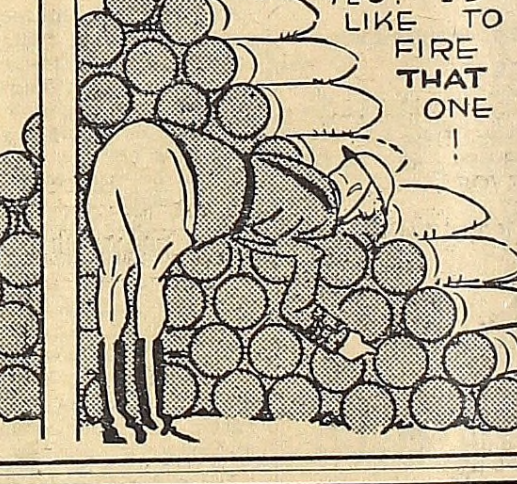
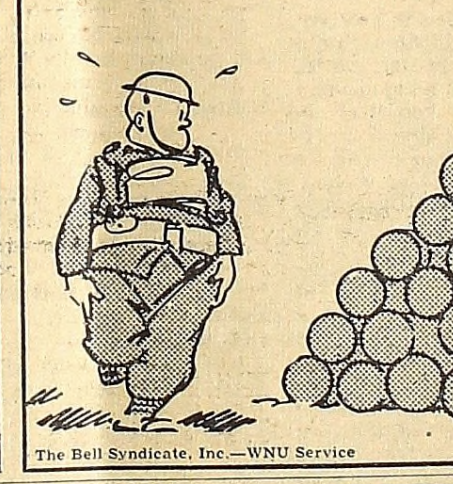
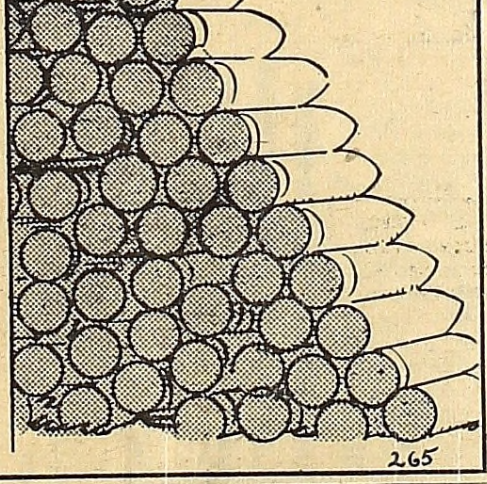
S'MATTER POP—Oops! Some Etiquette Busted



MESCAL IKE



POP—Easy to Get At



THE SPORTING THING



HIS GOOD TURN

"It is the duty of everyone to make at least one person happy during the week," said a Sunday school teacher. "Have you done so, Freddy?"

"Yes," said Freddy, promptly. "That's right. What did you do?"

"I went to see my aunt and she was happy when I went home."

Crust

Father—When I was a little boy, I always ate the crusts.
Willie—Did you like them?
Father—Of course I did!
Willie—Then you can have mine.

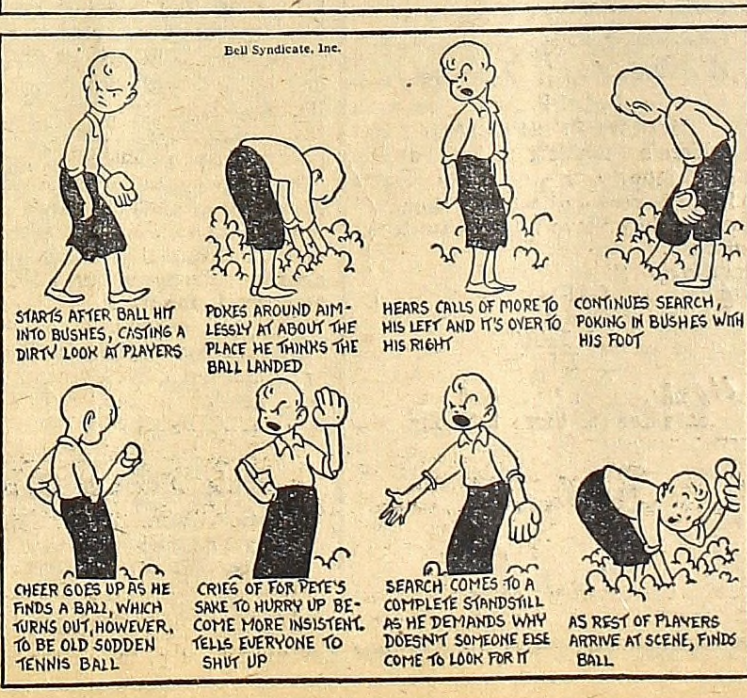
Hot Water Man

"I make a living keeping people from getting in hot water."
"Oh, an attorney, eh?"
"No, an apartment janitor."

Doesn't Bite

"Scuse me, lady, could you give a poor fellow a bite?" "I don't bite myself; I'll call the dog."
—Stray Stories.

LOST BALL



Things to make



BESIDES being a most attractive addition to lawn or garden in herself, this cute little sunbonnet girl has practical features too. The parasol trellis she holds is ideal for climbing flowers and vines. Cut the girl from plywood or other thin lumber with jig, coping or keyhole saw, add the trellis, then paint according to the directions given on pattern Z9112, 15 cents. General cutout instructions accompany this pattern. Send order to:

AUNT MARTHA
Box 166-W Kansas City, Mo.
Enclose 15 cents for each pattern desired. Pattern No.
Name
Address

Temptation
No one can ask honestly or hope fully to be delivered from temptation unless he has himself honestly and firmly determined to do the best he can to keep out of it.—John Ruskin.

WEARY DESPONDENT GIRLS: Crying spells, irritable nerves due to functional "monthly" pain should find a real "woman's friend" in Lydia E. Pinkham's Vegetable Compound. Try it!

Tested Friendship
Friendship is a plant of slow growth, and must undergo and withstand the shocks of adversity before it is entitled to the appellation.—Washington.

There Are Two Ways to Get at Constipation
Yes, and only two ways—before and after it happens! Instead of enduring those dull, tired, head-achy days and then having to take an emergency cathartic—why not KEEP regular with Kellogg's All-Bran? You can, if your constipation is the kind millions have—due to lack of "bulk" in the diet. For All-Bran goes right to the cause of this trouble by supplying the "bulk" you need. Eat this toasted, nutritious cereal regularly—with milk or cream, or baked into muffins—drink plenty of water, and see if your life isn't a whole lot brighter! Made by Kellogg's in Battle Creek. If your condition is chronic, it is wise to consult a physician.

Cheerfulness Wears
Cheerfulness is also an excellent wearing quality. It has been called the bright weather of the heart.—Samuel Smiles.

DOCTOR'S FORMULA
quickly relieves fiery itching of
ECZEMA
If face, legs, arms or hands are covered with red, scaly Eczema—for speedy relief from the terrible itching burning soreness—use powerfully soothing Liquid Zemo. Zemo brings quick relief because it contains 10 speedy-acting ingredients long valued for helping nature to heal pimples, acne, eczema, ringworm symptoms and similar skin irritations due to external cause. First trial convinces! Real severe cases may need Extra Strength Zemo. All drugstores.

Facts of ADVERTISING

• ADVERTISING represents the leadership of a nation. It points the way. We merely follow—follow to new heights of comfort, of convenience, of happiness. As time goes on advertising is used more and more, and as it is used more we all profit more. It's the way advertising has—
of bringing a profit to everybody concerned, the consumer included

