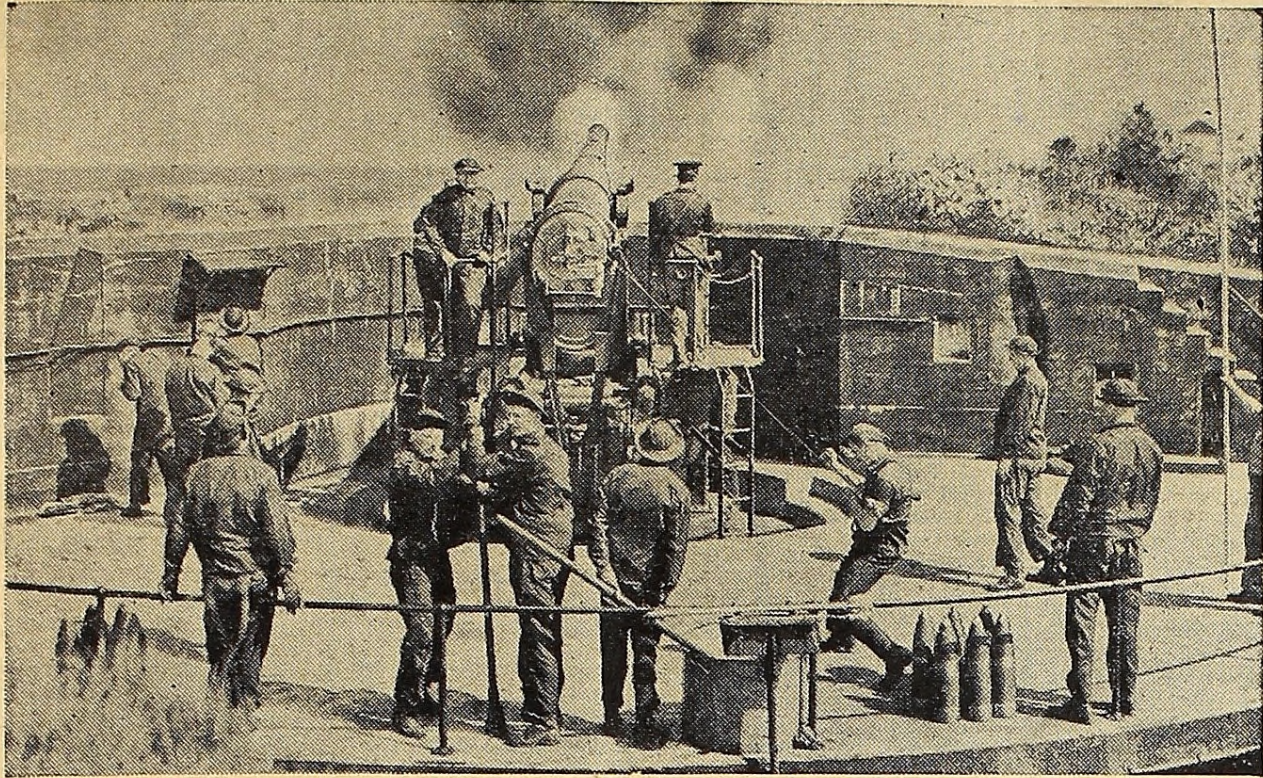
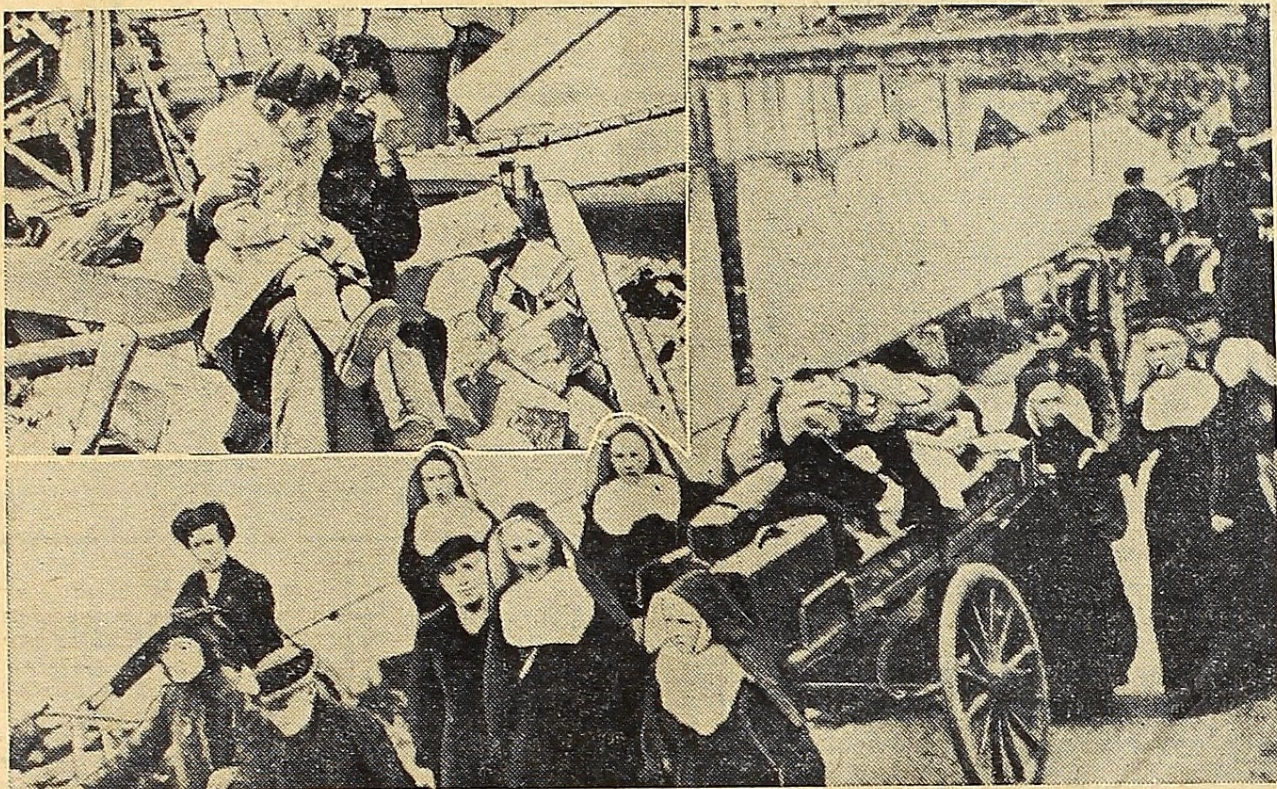


Thunder on Our Coast—but It's Only Practice!



The thunder of the great war across the seas re-echoes here in America as one of the six-inch disappearing guns at Fort Hancock, Sandy Hook, unlimbers its blast. As the gunner yanks the lanyard a projectile is hurled at a moving target several miles away. Note how the men in the pit have braced themselves against the effects of the concussion.

Refugees Fleeing the Terrible Nazi Invasion



This view, somewhere in Belgium, passed by French censors, shows a small group of nuns and civilians fleeing before a Nazi invasion. (Inset)—This dramatic picture shows a mother and child sobbing in the midst of the ruins of their home, in the environs of Paris, after a Nazi raid had destroyed what was dear to them. These scenes are typical of many that are witnessed daily in the war-torn sections of Europe.

Admiral Byrd Checks His Polar Maps



Back again in his Boston home, Rear Admiral Richard E. Byrd gets down on his hands and knees before a large map of the wilderness known as Antarctica. He is explaining the many difficulties his expedition has encountered in establishing bases along the unexplored coastline under the Southern Cross.

Sponsors New Sub



Mrs. Walter B. Woodson, wife of Rear Admiral Woodson, just before she acted as sponsor to the newest addition to Uncle Sam's submarine fleet, the U. S. S. Trout. The Trout has recently been launched at the Portsmouth navy yard.

Kills Baby Son to Save Him From War



Mrs. Katherine Kelly of Chicago, suffering from "involutional depression," and her five-year-old son, John, whom she killed with a baseball bat because she wanted to save him from the war. The tragedy occurred while Austin, her 16-year-old son, was attending the furnace. The jury recommended that Mrs. Kelly be held on a murder charge.

Methods Vary In Treatment Of Hay Fever

By DR. JAMES W. BARTON
(Released by Western Newspaper Union.)

THE hay fever season will be coming along soon and thousands of sufferers will be wondering just whether the season will be severe or mild. If much ragweed pollen is being carried in the air they know they are in for a miserable time.

Fortunately the use of injections of the ragweed pollen prevents attacks in a great many cases.

Just why some individuals are attacked and others are not, is not definitely known, but there seems to be two reasons for hay fever attacking this large group. One is an inherited tendency toward allergy or sensitiveness to substances and the other is some change in the gland system of these individuals which interferes with the balance of one gland with another or with several others. For instance, the first thought in the treatment of asthma and hay fever is adrenalin or epinephrine—the extract of the adrenal glands, situated one on top of each kidney. This does not cure asthma or hay fever (which, with eczema are closely related) but it eases and usually stops the asthmatic attack and, if applied to eyes or lining of nose, eases the distress in hay fever.

Gland System May Be at Fault.

That the gland system may be at fault is again suggested by Dr. C. S. Bucher of Champaign, Ill., in Medical World, who, by the use of another gland extract—the pituitary gland lying on the floor of the skull—obtained excellent results in 50 consecutive cases in the treatment of hay fever. With his associates, Dr. Bucher gave hypodermic injections of the extract of the front part of the pituitary gland (15 drops, equal to 18½ grains of fresh gland) once a day for seven days to ten days, then three times a week for two weeks, twice a week for two weeks, and once a week thereafter. About 24 injections were given. This treatment is begun (as with the ragweed treatment) about two months before the usual time for the onset of hay fever.

Lumbago, Sciatica Not 'Natural' Ills

YOU may suffer with an attack of lumbago and sciatica but because you are getting "older," you may think that lumbago and sciatica are the "natural" ailments you must endure. So you apply heat in some form, take aspirin tablets regularly and seem to get along fairly well.

Sciatica and lumbago are not natural ailments but have some definite cause.

I have spoken before of my own attacks of sciatica and lumbago. The first attack was due to injury for which I wore a Goldthwait brace for four years. The second was due to infected tonsils, the removal of which brought relief of pain in 48 hours, and full use of a partly paralyzed leg within one month. The third and fourth attacks were due to infected teeth.

Due to Injury or Infection.

In other words, sciatica and lumbago are due in the great majority of cases to injury or infection.

The injury may not be a fall, a blow, a wrench of the joints in lower back and hips. In many cases, it is due to the faulty posture or carriage; in fact, Dr. W. M. Steel, in American Journal of Surgery, says:

Poor posture is the usual "pre-disposing" cause of lumbago-sciatica. The spinal "tilt" puts an added pull on ligaments and nerves, with pain in the distant branches of these nerves. "The poor posture may be due to flat feet or just poor muscular power."

"Pain is transmitted down the leg to foot. In mild cases there is morning back stiffness and muscle fatigue, followed as the day goes on by pain over the hip joints, buttocks and down back of legs. The pain comes and goes and is made worse by sudden body twists, lifting, exposure to wet and cold, or infection."

QUESTION BOX

Q.—What causes belching?
A.—Most cases of belching are due to a sluggish liver and gall bladder. Other cases are due to gas forming foods—cabbage, onions, lettuce and cauliflower.

Q.—Will you kindly advise if citrus fruits and tomato juice are good sources of vitamin B?
A.—Citrus fruit and tomato juice contain vitamin B, but are not as rich in it as liver, milk, eggs, whole wheat grains, yeast and peanuts.

Where Statues Wore Hats! Mystery of Easter Island

Science Finds Creators of Intricate Script Were 'Long-Eared' Artists.

ON EASTER DAY, 1722, the Dutch Admiral Roggveen landed on a small Pacific island, which he named after the day. He must have thought that he was landing in a nightmare, for the shores were ringed with gigantic stone statues, wearing tall red hats, and standing on high platforms with their backs to the sea. And the whole island was literally covered with statues! They still stand there today.

Later visitors made further odd discoveries. It seemed that the inhabitants had suffered a devouring national passion for sculpture. Hardly a boulder or an outcrop of rock had not been turned into an enormous bust, a fantastic head

with enormously long ears. At the same time, they discovered wooden tablets and other objects covered with a complicated script.

This started a series of the most extraordinary theories, including suggestions that Easter island had been occupied by Red Indians, Egyptians, and the lost tribes of Israel. But nobody managed to put forward a reasonable explanation of how this diversity of races got there, or went away when their work was done!

Long-Eared Artists.

Then science took a hand. First of all, local legends were investigated, and the islanders told of a migration in the past from a distant island in the west. Proof came from one of the Gambier islands, over a thousand miles away, in the form of another legend. It told of a defeated chief setting sail to find a new home for his people. Local legend also told of two distinct races inhabiting Easter island, the "long ears" and the "short ears." And here again, science found the proof; for skulls found on Easter island show

Gems of Thought

TAKE warning by the misfortunes of others, that others may not take example from you.—Saadi.

Life is a series of surprises, and would not be worth taking or keeping if it were not.—Emerson.

The winds and waves are always on the side of the ablest navigators.—Gibbon.

Better by far that you should forget and smile than that you should remember and be sad.—Christina Rossetti.

We win by tenderness; we conquer by forgiveness.—Frederick W. Robertson.

that migrants came, not only from the Pacific islands, but also from the Australasian islands.

The "long ears" were the artists. It was their tribal custom to stretch the lobes of their ears, and they wore hats for ceremonial purposes. They were the creators of the intricate script which cannot be read, but, defeated by the "short ears," they have faded away and left no one to tell their story.

So far science can speak with authority, but science cannot say why the islanders who migrated to Easter island should have progressed so far beyond those of their race who inhabit other islands.

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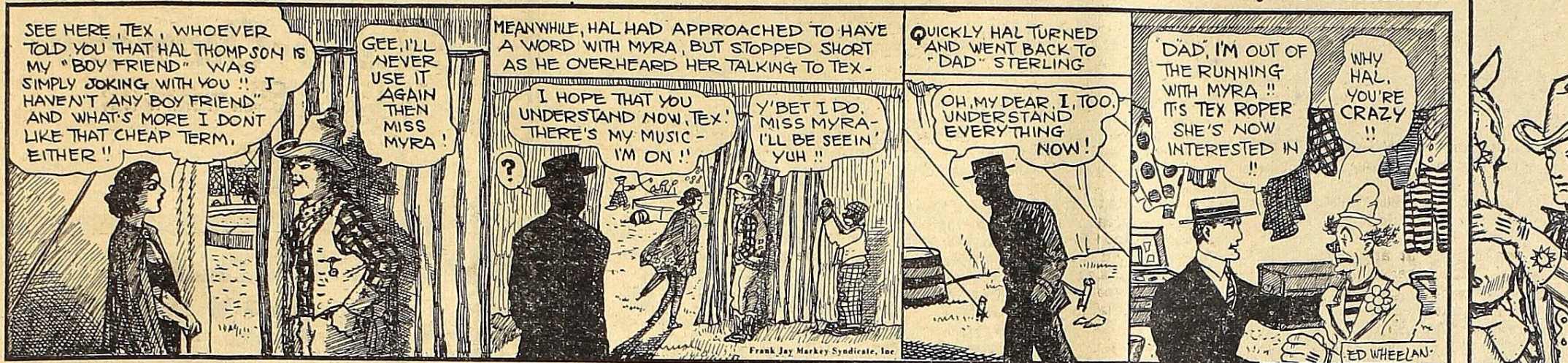
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By ED WHEELAN



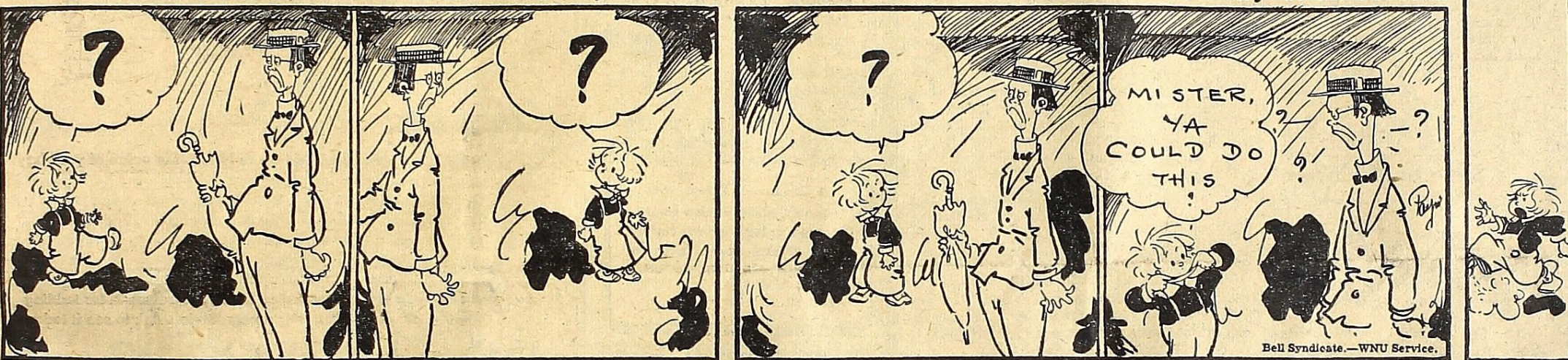
LALA PALOOZA - The Ugly Duckling

By RUBE GOLDBERG



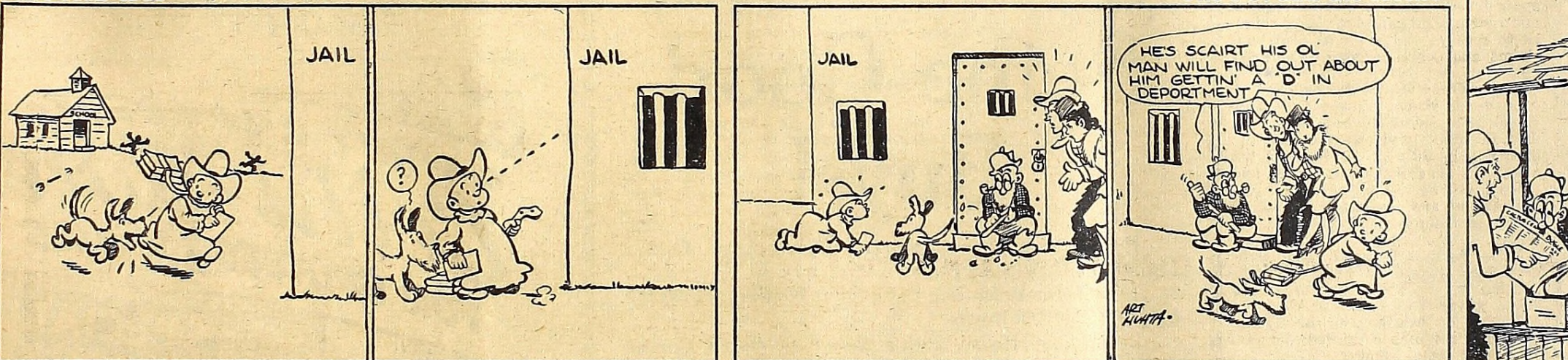
S'MATTER POP - In Case Your Face Sets This Way

By C. M. PAYNE



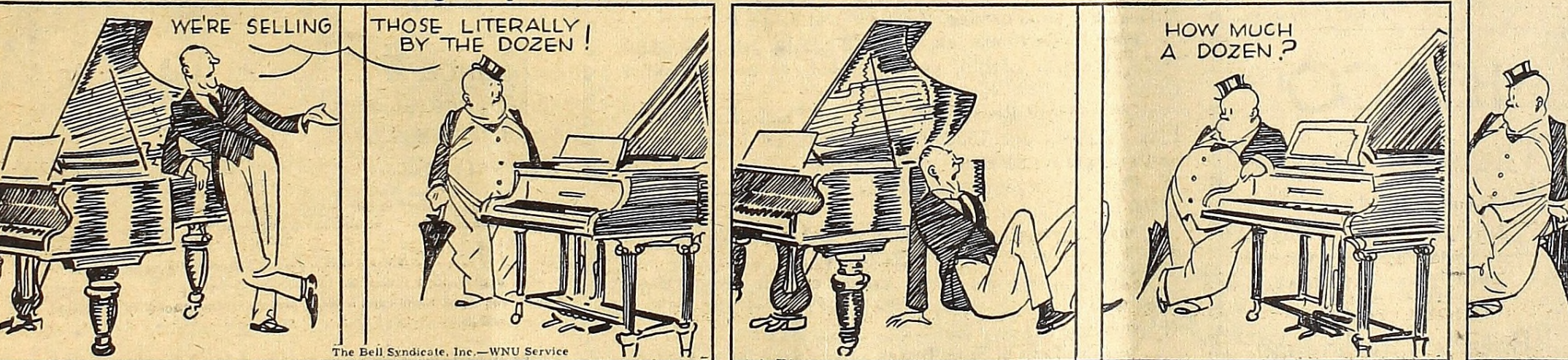
MESCAL IKE

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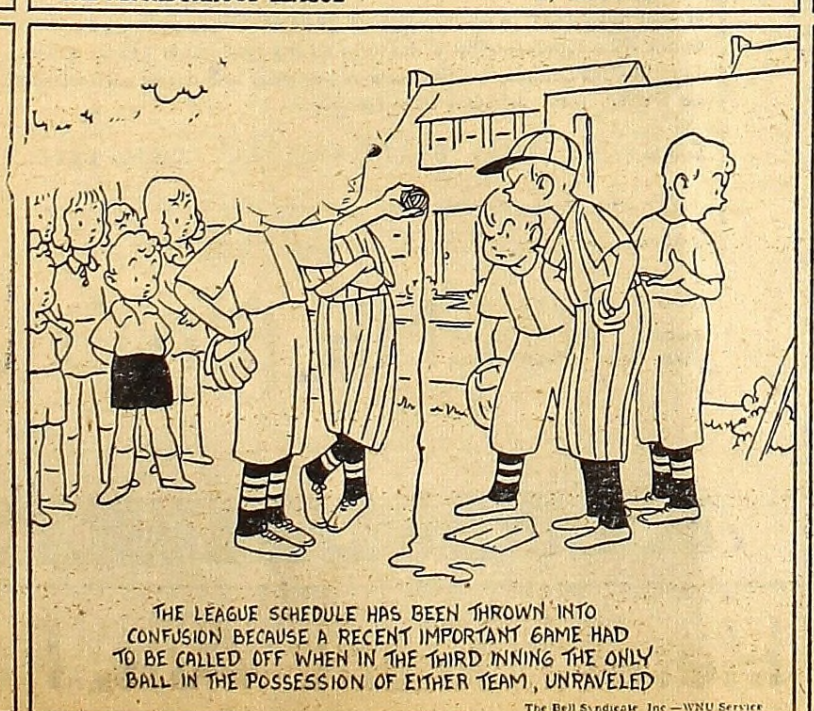
POP - Chances Are With the Price Right Pop'll Take the Dozen

By J. MILLAR WATT



THE NEIGHBORHOOD LEAGUE

By GLUYAS WILLIAMS



THE LEAGUE SCHEDULE HAS BEEN THROWN INTO CONFUSION BECAUSE A RECENT IMPORTANT GAME HAD TO BE CALLED OFF WHEN IN THE THIRD INNING THE ONLY BALL IN THE POSSESSION OF EITHER TEAM, UNRAVELED

SIGNPOSTS

The house agent decided to be quite frank with his latest client. "Of course," he began, "this house has one or two drawbacks which I feel I must mention. It is bounded on the north by the gas-works, on the south by a rubber works, on the east by a vinegar factory, and on the west there is a glue-boiling establishment."
"Good Heavens!" gasped the client. "What a neighborhood!"
"Quite so," replied the agent. "But there are advantages. The rent is cheap and you can always tell which way the wind is blowing."

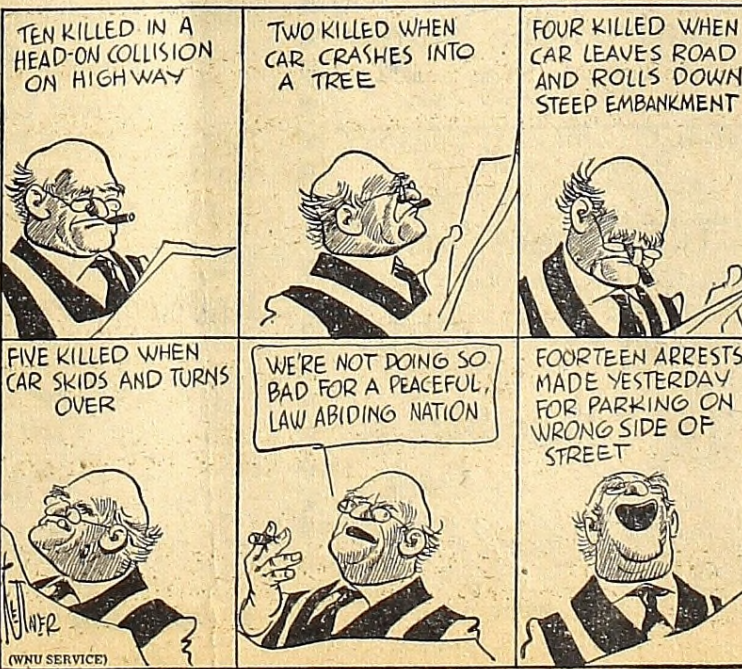
The Latest

"And has your baby learned to talk yet?"
"Oh, yes. We're teaching him to keep quiet now."

Ahem!

He-Will you sail with me on the sea of matrimony?
She-Yes, after you've made a raft of money.

Cheerful News



HOW TO SEW

by Ruth Wyeth Spears



they want of it for very little money.

That was really a turning point in the life of Miss Fixit. This old rocker that she made over is merely a sample of what may happen when a clever young lady is bent upon bringing color into her life. The chair has been painted a pale turquoise blue, and the seat cushion and back are covered with an inexpensive chintz in turquoise; cherry red; primrose yellow and deep green, with red bias bindings.

A CERTAIN Miss Fixit, and that was not really her name, inherited a house full of furniture that was not old enough to be either quaint or antique. One day she sent for my little Book No. 4, and there she found a sketch showing how to plot a room color plan based on a rug, or a picture, or a piece of drapery material with good coloring. Miss Fixit had a picture that she had always loved because of its beautiful colors. Just for fun, as a sort of game, she made a room color plot based on that picture. Then she suddenly realized that, after all, color is very cheap—anyone can have all

I wish every reader interested in choosing colors for her home might have a copy of my Book 4. It contains an illustrated rule for making a room color plan, based on the colors in a picture; a rug; a vase; or a piece of drapery material with lovely colorings. The rule is so clear and easily understood that I am sure every reader of these weekly articles would be delighted to have a copy. To get your copy, send 10 cents in coin and ask for Book 4. Address:

MRS. RUTH WYETH SPEARS
Bedford Hills Drawer 10 New York
Enclose 10 cents for Book 4.
Name
Address

Ask Me Another

A General Quiz

The Questions

1. What is the difference between a planet and a star?
2. How often does a canary's heart beat per minute? An elephant's?
3. Is jerked venison smoked, fried or sun dried?
4. What is the fifth estate?
5. What great midwestern city was named by Indians after Sikak (the skunk)?
6. How many vice presidents of the United States later became Presidents?
7. If one had a match and went into a dark room with a lamp, a cigarette and an oil stove, which would one light first?
8. What is a pirogue—a variety of orchid, a rascal, or a dugout canoe?
9. How many degrees of latitude are there from the North pole to the Equator?
10. What nautical expression is used to identify the action of making a parachute jump?

The Answers

1. A planet shines by reflected light, a star is self-luminous.
2. Canary's, 1,000 times per minute. Elephant's, 25 beats per minute.
3. Sun dried.
4. A class or estate after the traditional four, as scientists have been termed the fifth estate.
5. Chicago.
6. Nine. Adams, Jefferson, Van Buren, Tyler, Fillmore, Johnson, Arthur, Theodore Roosevelt and Coolidge.
7. The match.
8. A dug-out canoe.
9. Ninety degrees.
10. Bailing out.

REAL SEVERE CASES OF ITCHY, BLOTCHY SKIN TROUBLES

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No matter what you've tried without success for those humiliating pimples, blemishes due to external cause—here's a marvelously effective doctor's formula—powerfully soothing EXTRA STRENGTH ZEMO, tested and proven—which quickly relieves itching soreness and starts right in to help Nature promote FAST healing. 30 years continuous success! Praised from coast to coast. First trial of EXTRA STRENGTH ZEMO convinces! Any drug store.

With Friends

They are never alone who are accompanied by noble thoughts.

Is your child a NOSE PICKER?

It may be just a nasty habit, but sometimes nose picking is a sign of something nastier. It may mean that your child has round worms—especially if there are other symptoms, such as fidgeting, finicky appetite, restless sleep and itching in certain parts.

People don't like to talk about bowel worms, so you may not realize how many children have this dreadful infection. They "catch" it from other children, from dogs, or unwashed vegetables, or infected water. If you even suspect that your child has round worms, get JAYNE'S Vermifuge right away! Jayne's is the best known worm expellant in America. It is backed by modern scientific study, and has been used by millions, for over a century.

JAYNE'S Vermifuge is pleasant tasting and gentle, yet it does a good job. Jayne's has the ability to drive out large round worms without upsetting the digestive system. If there are no worms, it acts merely as a mild laxative.

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